



AVPU + ABCDE FIELD REFERENCE

Slow down. Think. Then act.

SCENE ASSESSMENT

- Is it safe for you to move in
- What happened
- How many patients
- Hazards or anything out of place

AVPU (RESPONSIVENESS)

A –Alert: awake, oriented, responding clearly

V –Verbal: responds to voice but may be confused

P –Pain: responds only to pain (sternal rub)

U –Unresponsive: no response to voice or pain

ABCDE (PRIMARY ASSESSMENT)

A –Airway	Open and clear. Can they talk?
B –Breathing	Chest rise/fall. Rate, depth, effort
C –Circulation	Check for bleeding. Sweep body. Stop bleeding NOW
D –Disability	Mental status (AVPU). Check for deformities
E –Environment	Protect from elements. Insulate. Off the ground

KEY REMINDERS

- Fix life threats immediately. Do not move on until you do
- Do not skip steps
- Reassess constantly. Things change fast
- Use what you have

This is a quick reference. Real skill comes from hands-on training.